

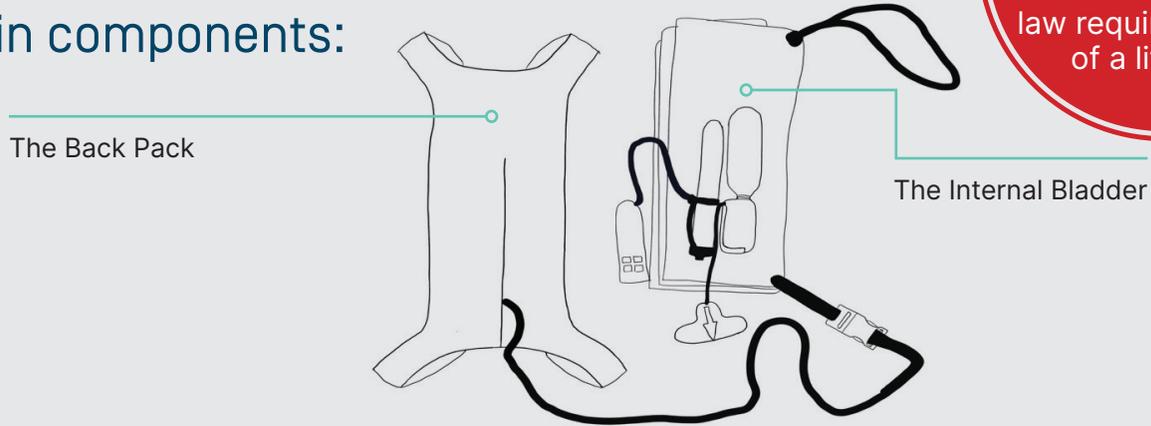
# TEKRA | POD

Safe swimming without the drag

## User Manual

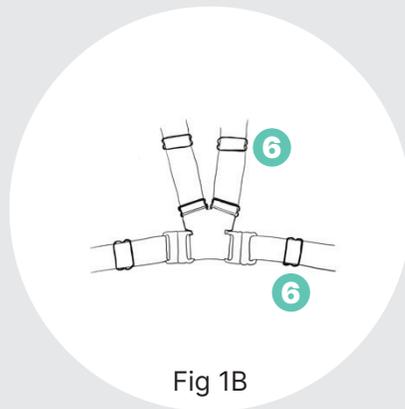
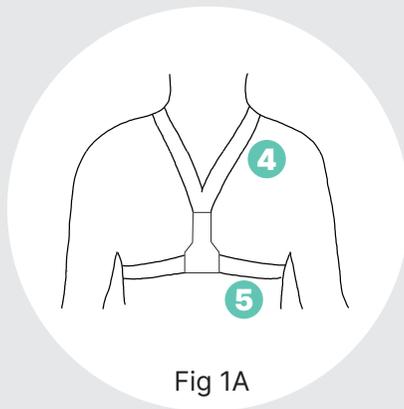
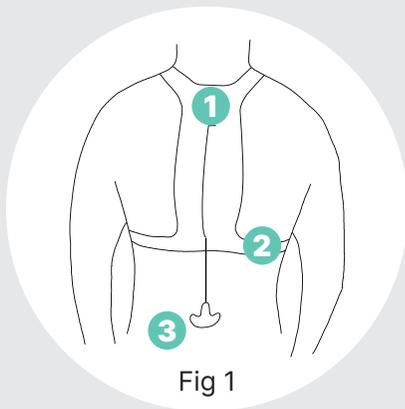
**WARNING:**  
TekraPod is **NOT** a life vest and should not be used as a substitute where the law requires the use of a life vest.

Your TekraPod consists of two main components:



### The Back Pack

Figs 1 and 1A show the layout of the Back Pack front and back:



- 1. The Back Pack
- 2. The Straps which are adjustable
- 3. The Red Pull Cord

- 4. The Straps at the front which are adjustable
- 5. The Front Buckle, shown in more detail in Fig 1B
- 6. Adjustable Sliders on the shoulder and chest straps

## The Internal Bladder

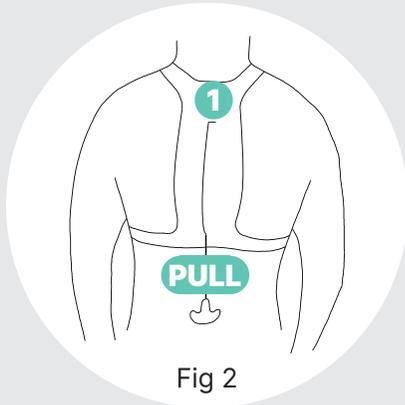


Fig 2

Fig 2 shows the location of the Pull Cord; pull to activate.

Fig 2A shows the location of the Valve (2), Whistle (3), Oral Top-up, Deflation Tube (4) and CO2 canister (5).

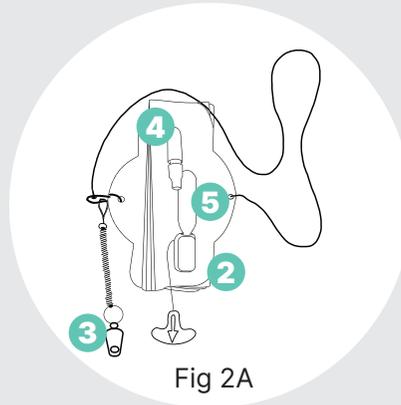


Fig 2A

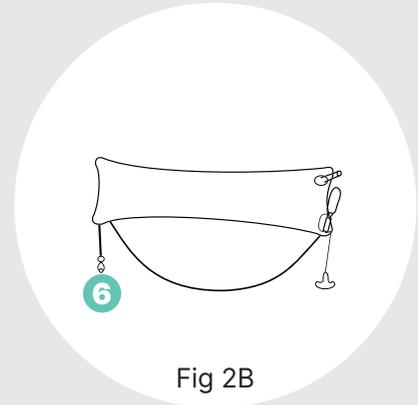


Fig 2B

Fig 2B shows the location of the Lanyard which connects the Bladder to the Back Pack. This has a small clip (6) which can be used to release the Bladder from the Back Pack if you need to give it to another swimmer.

## Operation

When you receive your new TekraPod, you must first arm it by connecting the CO2 canister to the valve. Once armed, your TekraPod is ready for use. To arm the device, screw a 16g CO2 canister (supplied with each TekraPod when purchased new) into the valve (Fig 2 item 2). Make sure it is screwed in tightly.

To activate your TekraPod, pull sharply on the Red Toggle. Keep a hold of the Toggle and pull the Inflating Buoy around to your front. Full inflation will depend on water and air temperature but will typically take no more than 10 seconds. You can now rest on your Inflated Bladder, wave it for attention, use the Whistle attached to the Bladder to attract attention, release the Bladder from the Back Pack (Fig 2B item 6) or to assist someone else. You can

also continue to swim, towing the Inflated Buoy behind you. This also acts as notification to other water users that there is a swimmer in the water.

Once you have used your TekraPod, press the top of the Oral Top-up Tube to release the air and deflate the Bladder. Remove all the air completely before attempting to fold it. When all the air is removed, fold the Bladder. Remove the old CO2 canister, push the lever arm back into its original position and replace the green clip. Only when the arm is back in place and the green clip has been replaced is it safe to screw in a replacement CO2 canister.

Please note that you will need to wash your TekraPod after each use.

Please go to our website at [www.tekrasport.com](http://www.tekrasport.com).

In this section you will find user manuals and links to detailed videos on how to put on, activate and repack your TekraPod.